Date: 1/18/20

Title: The Fruit of the Spirit

Theme: When you make Jesus your Savior, He gives you the Holy Spirit to make you like Him.

Object: Various fruits to taste: apple, orange, banana, strawberry, blueberry, dates, raisins.

Text: Galatians 5:22-23 (NASB) But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control;

How many like to eat food that tastes good?

Now candy tastes good, but it is not good for you. It’s mostly sugar flavored in various ways.

God has made some really good foods that taste good and they’re good for you.

And some of the best things that God has created are fruits.

So I brought with me this morning some fruits that you can sample.

You can try thee various fruits and see which one you like the best.

[Get out fruit platter for kids to sample. Go over the different types of fruits.]

All of these fruits contain vitamins, and minerals, and phytochemicals that you body needs to function properly.

Fruits contain lots of vitamin C, folic acid, potassium, vitamin A, B vitamins, phytochemicals, and antioxidants that are very good for your body.

They say, “An apple a day keeps the doctor away.”

And Blueberries, they say, are good for your brain.

One of my favorite fruits is dates. They taste like candy. They’re really sweet, and if you mix them with some nuts, it’s a snack way better than candy.

So did anyone find a fruit that they really liked? What was it?

Now the Bible verse we read today teaches us about the fruit of the Spirit.

Just like this fruit tastes good and is good for you, so is what the HS does in our life.

How many sing the fruit of the Spirit song at school?

If you want to be a banana, an apple, an orange, you might as well hear it: “You can’t be a fruit of the Spirit.” Why?

Because the fruit of the Spirit is what? Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

These are not fruits that taste good; these are fruits that make you behave good.

These are all the kinds of things that a Christian should have in his life.

When we love Jesus, and trust in Him, and ask Him to forgive our sins, and promise to follow Him, Jesus saves us and gives us the Holy Spirit.

And when the Holy Spirit works in our life, He produces all the fruit of the Spirit beginning with Love.

And the more the fruit of the Spirit grows in our life, the more we become like Jesus.

Isn’t that a wonderful thing?

That’s God’s plan for your life, to grow to be more and more like Jesus.

Do you want to be more like Jesus?

Let’s ask Him to give us the Holy Spirit so the fruit of the Spirit will make us more like Jesus.